

UROSTOMY POCKET GUIDE for Health Care Professionals (HCP)

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INTRODUCTION

- The Urology ward at Queen Alexandra Hospital, Portsmouth became mixed speciality and there was an influx of new nurses
- A gap in knowledge was identified. The Nursing and Midwifery Council, 2008, states you must have the knowledge and skills for safe and effective practice when working without direct supervision
- Workshops were provided for staff and a pocket guide designed as a result



PURPOSE AND HYPOTHESIS

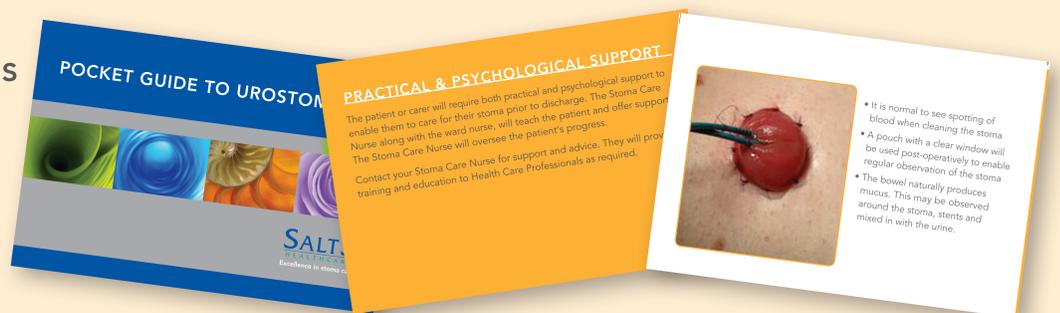
- To increase HCP knowledge in caring for new urostomists
- To empower the HCP
- To improve patient care
- To design a reference tool that could be consulted quickly and easily

MATERIALS AND METHODS

As Stoma Nurses to the Urology Department, a proposed format was discussed. Our aim was to provide concise and relevant information in a pocket guide to enable instant access.

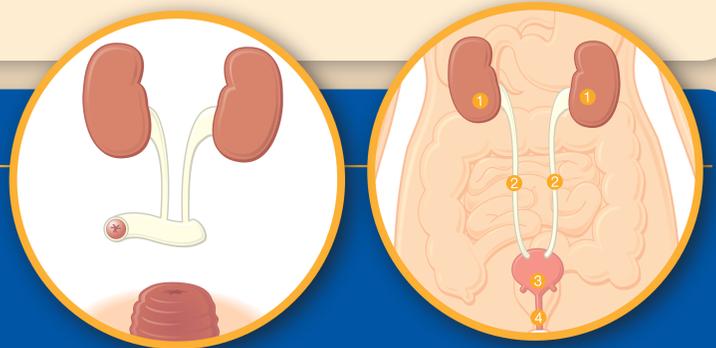
Pocket guide content:

- Diagram of the urinary tract
- Indications for surgery
- Urostomy/ Ureterostomy
- Post-operative care
- Practical & psychological support
- Pouch choice: including photos of one and two piece pouches and night drainage bag
- Discharge preparation
- Patient support group information



CONCLUSION

- The pocket guide was introduced
- It was found to be a useful tool to support staff learning
- The guide is intended to help improve patient care
- It is part of an ongoing programme of education
- The pocket guide highlights the importance of basic care and knowledge
- Tagney and Haines, 2009, suggest that the aim of the Department of Health in 1997 was to provide higher quality care to patients through improving efficiency and excellence.



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Tagney J, Haines C, (2009) Using evidence-based practice to address gaps in nursing knowledge. British Journal of Nursing 18: 484-489

FURTHER READING

Williams J, Ebanks A (2003) Types of stoma and associated surgical procedures, Elcoat Ced Stoma Care, Hollister, London.
Department of Health (2008) High Quality Care for All. DH, London